

THE FLEET

at Twynning

GLUTEN FREE MENU

While you wait

Mixed marinated olives - v £4.50

Starters and Sharers

Tandoori chicken wings with cucumber salad and yoghurt dip £6.50
Mackerel, chive and horseradish pâté with toasted bread £6.95
Homemade soup of the day with toasted bread - v £5.75
Cheese ploughman's with Cheddar, Stilton and Brie, tomato, pickled onion and apple with
toasted bread - v *Add home-cooked ham for £2.00* £12.50
Mezze board of toasted bread with houmous, sun-blushed tomatoes, feta cheese, tzatziki,
chargrilled aubergine and marinated olives £14.95

Mains

6oz beef burger with spicy tomato chutney on a toasted bun, lettuce and tomato with crunchy
summer slaw and fries – *Add cheese and bacon for £1.00 each* £11.50
Fish of the day in a Wadworth 6X Gold beer batter served with chips, peas, lemon and
tartare sauce £12.95 / £8.50
10oz Dry aged rump steak with mushroom, grilled tomato, chips and dressed leaves £19.95
Add peppercorn sauce, Stilton sauce or garlic butter for £2.00
Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and chips £11.50 / £7.95
Caesar salad of romaine lettuce, vegetarian cheese and free-range egg - v £10.50
Add chicken and bacon for £3.00

Sides

Beer battered onion rings - v	£3.50	Chips - v	£3.25
House salad - v	£3.25	Chips with cheese - v	£4.25

Sandwiches

Please ask for today's bread selection and then choose from the fillings below

Tuna mayonnaise and spring onion	£6.50
Fish goujons with lettuce and tartare sauce	£7.50
Mature Cheddar cheese and spicy tomato chutney - v	£6.50
Chicken with crispy bacon, lettuce, tomato and Dijon mustard mayonnaise	£7.50
Home-cooked ham and mature Cheddar with tomato and watercress	£7.95

Puddings

All puddings £6.25

- Chocolate brownie with chocolate sauce and vanilla ice-cream - v
 - Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v
 - Summer berry sundae with strawberry ice-cream, gin and tonic sorbet, summer berry compote, whipped cream and fresh berries - v
 - Baked vanilla cheesecake with berry compote - v
 - Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v
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Hot Drinks

Americano	£2.75	Flat white	£3.00
Cappuccino	£3.00	Hot chocolate	£3.25
Latte	£3.00	Pot of tea	£2.75
Espresso	£2.50	Speciality tea	£2.90
Double espresso	£3.00	Mocha	£3.25

Seasonal daily specials are always available ask us for more details

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(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.

